

Tips On Being A Good Sports Parent

Support Coaches

Be supportive and positive of coaches in front of your children.

Teach Respect for Authority

There will certainly be times when you disagree with a coach or official, but remember, they are trying their best to be fair. Show good sportsmanship by staying positive.

Reinforce lessons being learned

The coaching staff is teaching while your child is on the court or field, but you can help out by reinforcing things like sportsmanship, and how to deal with success and failure after practices and contests. Help us teach character and the life skills that athletics develop.

Learn Through Failure

It is often said that failure is the best teacher. Help your kids cope with failure in a constructive way. It is okay to be disappointed, but keep the big picture in mind.

Get to Know the Coach

Coaches are powerful influences on your kids, so take time to get to know them. Attend any preseason meetings to get to know the coaches' philosophy, expectations and background.

Your Child is an Individual

Focus on what your child does well as well as areas they need to improve. Don't compare to progress or success of other athletes.

Stay Rational

Always listen to your child, but remember to stay rational until you have investigated the situation. Remember, there is always another side to the story.

Be a Role Model

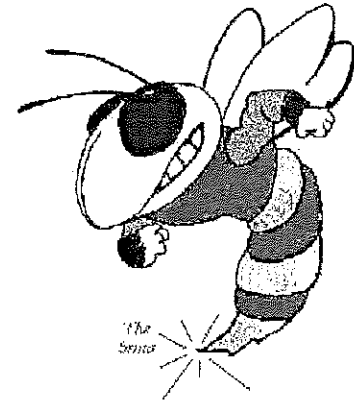
Take a good, honest look at your actions and reactions in the athletic arena. You have a huge impact on how your student will react to the same situations.

Show Unconditional Love

Make sure your kids know you love them, win or lose.

http://www.westcentralconference.org/g5-bin/client.cgi?school_id=67

* Click on "Notify Me" for up to the minute calendar changes



Yellow Medicine East

High School

Parent Handbook

2014 – 2015

As your student becomes involved in the programs at Yellow Medicine East High School, they will experience some of the most rewarding moments of their lives. However, it is important that they understand that there may also be times when things do not go the way you or your child wishes. At these times, discussion with your child and their coaches is encouraged.

Examples of These Situations

- Treatment of your student, mentally or physically
- Ways to help your student-athlete improve
- Concerns about your students attitude
- Academic support and possible college opportunities

It is very difficult to accept your student's not playing as much as or in the role you may hope. Coaches are professionals. They make judgments based on what they believe to be best for all students involved. As you have seen from the list above, certain things can and should be discussed with your child's coach. Other situations should be left to the discretion of the coach.

Examples of These Situations

- Team Strategy
- Other student-athletes
- Playing time

Coach / Parent Conferences

There are situations that may require a conference between the coach and parents. These are encouraged. It is important that both parties involved have a clear understanding of the other's position. The following steps should be followed to help promote resolution.

- Conflicts should first try to be resolved between the student-athlete and the coach. No parent meeting will take place before that happens.
- Call the coach to set up a meeting time. Coaches will return calls in a timely fashion.
- Meetings will be held in a professional setting in the school building during school/professional time. If emotions rise to an unreasonable level during the meeting, it will be ended and rescheduled.
- It is inappropriate to approach a coach unscheduled, immediately prior to, during, or at the conclusion of a contest. Meetings of this nature do not promote resolution.
- If after a good faith attempt to discuss a situation or resolve an issue without reasonable satisfaction, the next step is to call the activities director to discuss the situation.

Both parenting and coaching are extremely difficult vocations. By understanding each position, we are better able to accept the actions of the other and provide greater benefits to our student – athletes. As a parent, when your student becomes involved in one of our programs, you have a right to understand the expectations put on them. This begins with clear communications from the coaches in charge of each program.

Communication expected from Coaching Staff

- Philosophy of the coach
- Locations and times of all practices and contests
- Any team rules or requirements
- Discipline policy, and anything that might result in the denial of the students participation

Communication Coaches Expect From Parents

- Concerns expressed directly to the coach
- Notification of any schedule conflict
- Specific concerns with regard to the coaches' philosophy and/or experience.